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Is My Professional Success the Result of Ability and Competency or Just Plain Luck?



Tuesday, 12th March
12.00 p.m.

CIC biomaGUNE - Seminar Room

This presentation will describe, from a very personal perspective, a subject that has been defined as “Impostor (or Imposter) Syndrome (or Phenomenon),” IS or IP, a prevalent condition in high achieving individuals, especially in academic settings, that affects students and faculty alike. The presentation will begin with a brief account of the presenter’s professional accomplishments, followed by definitions and descriptions of the syndrome. Possible causes and attitudes, as well as ways to combat the effects of impostorism, as it is commonly called, will be presented and discussed. This should be an interesting talk for people who suffer from the condition; people who have constant self-doubts about their abilities and competencies and serious problems accepting failures and, more importantly, also successes.